



PLUS

Case studies November 2009

Jeevan Sankalp Samajik Sanstha, Wardha

Wardha case study 1

Supriya is a 29 years old female. Her husband has expired due to HIV in a village of Wardha district. Lack of knowledge about HIV among his family members meant they were unable to seek the proper treatment and he died. After his death Supriya's mother-in-law and other family members started mistreating Supriya, accusing her of killing her husband. They made her leave home. She went to live with her father. He is widower and lives alone. He is an alcoholic and a labourer.

When Supriya came to him he did not want her to live with him. But she had to stay and slowly she became ill. Her neighbour took her to a government hospital and there she found that she had HIV. When her father found out he would not allow her inside the house. He beat her each day and told her she should commit suicide. He would not eat food cooked by her, and would not talk to her. Once she was badly ill so she was admitted at Wardha hospital. We found out all about her. We did very deep counselling to try to build positive living in her.

She was becoming weaker. In order to change Supriya's father's view of her, we did two or three visits. Then he agreed to let her do a CD4 test. Her CD4 report was only 53. She was advised to take antiretroviral treatment (ART) at the same time. We referred her to the Community Care Centre. We kept regular follow-up with her, and at the same time we guided her father about her care. Slowly she improved her health and recovered.

After this we helped her apply to Sanjay Gandhi Niradhar Yojna. Now she is getting Rs 750 per month and also she is earning money by farm work. She earns enough that she can nourish her father also and now they are living together happily. We gave her training about how to live a positive life which also improved her living standard. Sometimes she takes other positive people with her to the ART centre. She attends every support group meeting and other programmes and is living a very happy life with her father. Both are very thankful to Wardha Network

Wardha case study 2

Roshni lives in Nagpur with her husband. He has a small barber's shop. She married when she was in 10th Standard. She went to live in the city, rather than doing farm work. When she married, she lived happily for three years. Then she became pregnant, and was treated in a private hospital in Nagpur. While she was pregnant, she heard that her husband was suffering from Tuberculosis.

Her mother-in-law told her father that Roshni should go and live with him while she was pregnant. She gave birth to a beautiful baby. Her husband came to see his baby in her father's home then went back to his own home. After a week he died. One month later she returned to her husband's house. Her mother-in-law always neglected her. She told Roshni

that they would not eat together. Then the mother-in-law told her father to take Roshni and her little baby back to your home with you.

She went back to live with her father and became a farm labourer. After several months her health became weaker and weaker. She had a medical check-up in a private hospital, which included an HIV test. The doctor told her she was HIV Positive. She asked herself how she became HIV positive.

Our Counsellor referred her to the Antiretroviral treatment (ART) Centre in Wardha for a CD4 test. Her count was only 164. A few days later she started ART. Under our follow up she is taking ART regularly. After a few months she recovered. Now she can do weaving work and is helping to support her father and other family members. Day by day she is attending District Level Network (DLN) activities. She has become more confident and she is doing voluntary work in our DLN. She gives thanks to NMP+ and also NWP+.

Wardha case studies supplied by Gajanan Auzekar, DLNO, and Vaibhav Deshmukh, DSW.

Akola case study

Malu is an HIV positive woman of 28 years old, educated up to 12th grade. Malu was from an educated family. She married Gavrav, a man working away from his home town. He did odd jobs for employment. In this situation he did not take good care of his wife. A while after marriage the situation became worse between these two people. After some time they became separated. Malu went to live in her mother's home. Then she started a job in a medical stores.

When she started this job, she became independent. A young man was also working in the medical store. She was attracted towards him. She had sexual relations with this youth. Some time after that her health condition became poor. She became sick. She went to the doctor for treatment. The doctor suggested an HIV test. She went to the Integrated Counselling and Testing Centre (ICTC), where she found she was HIV positive. It was a big shock for her. She was very worried about how she would tell her husband and his family.

The ICTC counsellor suggested that she go to the Akola district level network for HIV+ people (DLN). She came to the DLN and told her story. Our counsellor listened to her story and counselled her. The counsellor explained to her the differences between HIV and AIDS, and gave her information about how to live her life. We reduced the fears in her mind.

We referred her to an ART centre for a CD4 count. Some days later she came to us and told about her sexual relations with the youth. This youth was going to get married to another girl. We suggested to her to that the youth should also take an HIV test. If this youth is positive, it will be a risk to his wife. We counselled her on this matter. Then one day she came in to the office with this youth. Our counsellor counselled him and suggested doing an HIV test. This youth took a test and was found negative.

Malu lived well but one day she opened her HIV status at home. From that day her family members put her clothes, pots, water etc. separate from theirs. So the district level network officer and our treatment outreach worker went to her home and counselled the family members. Now Malu comes from time to time to the DLN office. She meets other members. She attends support group meetings. She takes her ART on time. Her health condition is good.