

I am Krishna Murthy (The name of the client has been changed to keep the confidentiality) age-51, born at Jamshedpur and a Tisco employee since 1979 and took ESS in the year 2007. My father retired from Tisco in 1981 and expired in April 2008. My mother aged is living with me and my wife is working in the Railways. I got married in 1994 and have one daughter who is 9 years old.

During the reign of Brown Sugar in the 80s a department friend had introduced me some what looked like talcum powder. Instantly I got hooked to it for 3 years. Some how it didn't last long because of heavy raids and crimes, and non availability I switched to injecting (Bruprogesic) for 7 to 8 years. Selfish use was my natural phenomena and would not share in groups. Life became a hell during my using period from monitory to memory loss. I couldn't remember what I did last. Some how my behavior changed from a normal human being to a monster. All the money I earned ran through liquid & pointed metal. With all this my family didn't give up they bared with me and was always in support and help me detoxify in the Calcutta Samaritans Jamshedpur from 2003 to 2006. My longest abstinent was 3 months. I always wanted to give up but my veins couldn't compromise with me. I tried to keep busy, change direction but the liquid was too powerful. Slowly my health started to detorite and I almost lost everything. My turning point came when I started visiting our centre and some how got the news that a project is coming up for injecting user called OSB, (Oral Substitution Buprenorphine) which the Calcutta Samaritans have started in 1st December 2007. This project is only for those who are Opiate drug user.

Under this project I came to know that drug substitution is replacing the drugs the drug user is taking with another drug or a similar drug. It means using the same drug but taking it in a different way, for example, sublingual Buprenorphine (tablets) to replace injecting of the drug. This also helped me to understand the risk of contracting or transmitting HIV/ AIDS. Switch users from black market drugs of indeterminate quality, purity and potency to legal drugs of known purity and potency. This will also help minimize overdose and other medical complications. To switch from an injected to a non-injected substance. Here I would also be provide counseling and could stabilize my life and reintegrate with my family. All this would be provided free

of cost from the centre for 9 months and the drug would be slowly tapered till it is withdrawn.

In support with my family I made up my mind to join the programme. To this day I a regular member of the programme and I believes I can make it. I am is very happy now and slowly recovering all the loss I have made.