



International Diabetes Federation

The diabetes epidemic: facts

- *Diabetes affects 246 million people worldwide and is expected to affect some 380 million by 2025.*
- *Each year another 7 million people develop diabetes.*
- *Each year, 3.8 million deaths are linked directly to diabetes-related causes including cardiovascular disease made worse by diabetes-related lipid disorders and hypertension.*
- *Every 10 seconds a person dies from diabetes-related causes.*
- *Every 10 seconds two people develop diabetes.*
- *In many countries in Asia, the Middle East, Oceania and the Caribbean, diabetes affects 12 to 20% of the adult population.*
- *Seven of the 10 countries with the highest number of people living with diabetes are in the developing world.*
- *In 2025, 80% of all diabetes cases will be in low and middle-income countries.*
- *Just under half of all people with diabetes are aged between 40 and 59. More than 70% of them live in developing countries.*
- *India has the largest diabetes population in the world with an estimated 41 million people, amounting to 6% of the adult population.*
- *In China, where 4.3% of the population is affected by diabetes, the number of people with this condition is expected to exceed 50 million within the next 20 years.*
- *Type 1 diabetes, which predominately affects youth, is rising alarmingly worldwide, at a rate of 3% per year.*
- *Some 70,000 children aged 14 and under develop type 1 diabetes annually.*
- *An increasing number of children are developing type 2 diabetes, in both developed and developing nations.*
- *Type 2 diabetes has been reported in children as young as eight.*
- *Reports reveal the existence of type 2 diabetes in child populations previously thought not to be at risk.*
- *In Japan, the prevalence of type 2 diabetes amongst junior high school children has doubled from 7.3 per 100,000 in 1976-80 to 13.9 per 100,000 in 1991-95, with type 2 diabetes now outnumbering type 1 diabetes in that country.*

References:

All epidemiologic data are drawn from the Diabetes Atlas, third edition, International Diabetes Federation 2006